



Support at Home Price Guide

Support at Home service categories

The SAH program divides all services and supports into three service categories:

Clinical supports



Nursing Allied Health Nutrition

Independence



Transport Personal care Respite
Social support Therapeutic services Independence supports

Everyday Living



Domestic Home repairs Meals

Plus additional short-term funding options:

Restorative care



Up to 12 weeks allied health support

Assistive Technology & Home Modifications



Walking aids Toilet aids Bathing devices
Grab rails Handrails Ramps & lifts

End-of-life care



Support to stay at home, in comfort

Depending on when you were assessed for your package, you may be required to pay a co-contribution towards the cost of your services and supports. Services Australia can assist you to determine if you are required to pay a co-contribution, and how much that co-contribution will be.

All **Clinical Supports** are fully funded by the Government. No one is required to pay a co-contribution for services and supports in this category.

For supports and services in the **Independence category**, your contribution will depend on your personal circumstance:

Full pensioner: 5% Part pensioner: 5% - 50% Self-funded retiree: 50%

For supports and services in the **Everyday Living category**, your contribution will also depend on your personal circumstance:

Full pensioner: 17.5% Part pensioner: 17.5% - 80% Self-funded retiree: 80%

Clinical Supports

Please note: where an allied health professional charges less per hour than the displayed rate, we will charge you the lower rate.

Allied Health and other therapeutic services*	Mon-Fri 8am - 6pm Common Hourly Rate
Allied Health Therapy Assistant	\$150
Counselling or psychotherapy	\$150
Diet or Nutrition	\$160
Exercise physiology	\$180
Music therapy	\$150
Occupational therapy	\$270
Physiotherapy	\$250
Podiatry	\$200
Psychology	\$200
Social work	\$150
Speech pathology	\$250
Care Management	Mon-Fri 8am - 6pm Common Hourly Rate
Home support care management	\$120
Home support restorative care management	\$200
Nursing care	Mon-Fri 8am - 6pm Common Hourly Rate
Enrolled nurse	\$120
Nursing assistant	\$120
Registered nurse (Zone A - 0-45km)	\$170
Registered nurse (Zone B: 46-90km)	\$300
Registered nurse (Zone C: 91-140km)	\$450

Nursing care is also available on weekends and public holidays if required. Just ask one of our friendly Care Partners for the rates.

*Please note: ILSA will apply a 10% overhead fee for Allied Health and Other Therapeutic Services.



Independence

Personal care	Mon-Fri 6am - 8pm Per hour	Saturday Per hour	Sunday Per Hour	Public Holiday Per hour
Assistance with self-care and activities of daily living	\$100	\$125	\$164	\$200
Assistance with self-administration of medications	\$100	\$125	\$164	\$200
Continence management (non-clinical)	\$100	\$125	\$164	\$200
Respite	Mon-Fri 6am - 8pm Per hour	Saturday Per hour	Sunday Per Hour	Public Holiday Per hour
Community and centre-based respite	\$380			
Flexible respite	\$100	\$125	\$164	\$200
Social support and community engagement	Mon-Fri 6am - 8pm Per hour	Saturday Per hour	Sunday Per Hour	Public Holiday Per hour
Accompanied activities	\$98	\$123	\$161	\$196
Accompanied activities (11-35km)	\$123	\$148	\$186	\$211
Accompanied activities (36-60km)	\$145	\$170	\$208	\$243
Accompanied activities (61-85km)	\$175	\$200	\$238	\$273
Assistance to maintain personal affairs	\$98	\$123	\$161	\$196
Cultural support	\$98	\$123	\$161	\$196
Digital education and support	\$98	\$123	\$161	\$196
Expenses to maintain personal affairs	\$98	\$123	\$161	\$196
Group social support	\$50			
Individual social support	\$98	\$123	\$161	\$196
Transport	Mon-Fri 6am - 8pm Per hour	Saturday Per hour	Sunday Per Hour	Public Holiday Per hour
Direct transport (<20km)	\$80	\$130	\$180	\$220

Independence

Please note: where an allied health professional charges less per hour than the displayed rate, we will charge you the lower rate.

Therapeutic services for independent living [^]	Mon-Fri 6am - 8pm Per hour
Acupuncturist	\$150
Art therapy	\$120
Chiropractor	\$120
Osteopath	\$160
Remedial masseuse	\$180

[^]Please note: ILSA will apply a 10% overhead fee for Therapeutic services for independent living

Everyday Living

Domestic assistance	Mon-Fri 6am - 8pm Per hour	Saturday Per hour	Sunday Per Hour	Public Holiday Per hour
General house cleaning#	\$95			
Laundry services	\$95			
Shopping assistance	\$98	\$123	\$161	\$196
Shopping assistance (11-35km)	\$123	\$148		
Shopping assistance (36-60km)	\$145	\$170		
Shopping assistance (61-85km)	\$175	\$200		
Meals	Mon-Fri 6am - 8pm Per hour	Saturday Per hour	Sunday Per Hour	Public Holiday Per hour
Meal preparation	\$95			
Meal delivery	\$60			

Home maintenance and repairs#	Mon-Fri 7am - 6pm Per hour
Gardening	\$95
Assistance with home maintenance and repairs	\$200

#Please note: ILSA will apply a 10% overhead fee for General House cleaning and Home maintenance and repairs where an external organisation provides these services.

All rates are exclusive of GST.

We look forward to supporting you!



I L S A

DISABILITY AND AGED CARE

Supporting independent living

WE ARE HERE TO HELP

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www.ilsa.org.au